

Have You Registered For Our Weekend Skills Camp on August 5 – 7, 2011?

Weekend skills camp is for beginner to advanced setting/attack and defensive skills.

Weekend skills camp begins Friday evening to late morning on Sunday and include:

Setting Training – proper footwork, hand positioning, hitter selection, and position on defense.

Attack/Spiking Training – approach for maximum power, arm swing, proper contact, and attack variety.

Contact us for more information 877-30-YCAMP, or complete the information below and return this form with the required payment of \$185.00 to New York YMCA Camp, World Volleyball Training Center, P.O. Box 622, Huguenot, NY 12746.
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Name of Camper: _____

Signature of Parent/Guardian: _____

Date: _____

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